

Ambedkar univ readies course on happiness for judiciary

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New Delhi: Within a month of Chief Justice of India Ranjan Gogoi proposing happiness classes in judicial academies, Ambedkar University Delhi has started designing the curriculum. The curriculum, which will focus on behaviour of judicial officers, is likely to be ready soon to be a part of the syllabus at judicial academies.

"We are working on the programme. The curriculum is being designed based on the government's happiness curriculum. It will involve a lot of practical learning," said AUD vice-chancellor Anu Singh Lather. "A team of professors is already working on it. The course should be ready in another few months," she added.

Kartik Dave, dean of the School of Business, Public Policy and Social Entrepreneurship (SBPPSE), said that the course will be participation-friendly and reflection-based. Kartik is also a part of the curriculum development. "The curriculum will encourage a judicial officer to have no conflict within him/herself. It will also help officers explore the inner happiness. The idea is to inspire them to introspect and find out their goals," Dave added.

While the curriculum is being designed for the judiciary, it may have some common lessons for peace and happiness. "A person can explore happiness through human relationships like friends, family and colleagues," Dave further said. The proposal to approve the course will be sent to the varsity's academic council soon.